



Volunteer Vacation Carter Caves State Resort Park, Kentucky

What To Bring

Trail Maintenance

- ✓ Sturdy, broken-in footwear with rugged soles and ankle support. Boots are best. Steel toe boots are even better.
- ✓ Work gloves. Cotton garden gloves are fine. Leather gloves are best.
- ✓ Old long pants. Blue jeans are fine.
- ✓ Old shirts that can get dirty. Cotton shirts are fine.
- ✓ Wool or nylon socks. Avoid cotton socks.
- ✓ Bandana.
- ✓ Rain jacket.
- ✓ Day pack.
- ✓ Water bottle.
- ✓ Lunch/snacks
- ✓ Sunblock and sun hat.
- ✓ Insect repellent.
- ✓ Headlamp and/or flashlight.
- ✓ Pretreat your clothes with Permethrin.

Trail Maintenance Tools & Safety Equipment – Optional – Bring it if you have it.

- ✓ Hard Hat.
- ✓ Safety Glasses.
- ✓ Hearing Protection.
- ✓ Gaiters or Chaps.
- ✓ Pruners and/or loppers.
- ✓ Pruning saw.
- ✓ Garden shovel.
- ✓ Yard Tools - shovel, hoe, rake, etc.
- ✓ Trail Maintenance Tools, if you have them.
- ✓ Battery Powered Hand Drill.
- ✓ Insect repellent.
- ✓ Headlamp and/or flashlight.

Hiking

- ✓ Boots or other sturdy footwear.
- ✓ Trekking poles.
- ✓ Daypack with water and snacks.
- ✓ Rain jacket, hat, gloves and extra layers of clothing.

Canoeing

- ✓ Bathing suit, water shoes, clothing that can get wet.
- ✓ Dry bag.

Bat Cave Tour

- ✓ Second pair of boots or other sturdy footwear. *These boots will get wet during the cave trip!!!*
- ✓ Old clothes. Cave temperature is 55 degrees.
- ✓ Gloves.
- ✓ Day pack.
- ✓ Flashlight.
- ✓ Camera.

Cottages

- ✓ Food for lunch.
- ✓ Cottages come supplied with all linens, towels, hair drier, iron and ironing board.
- ✓ Cottages have a fully equipped kitchen with a full size refrigerator, range, oven, microwave, dishwasher, 12-cup coffee maker (basket filter), toaster, plates, cups, tableware and basic cooking utensils.
- ✓ Cottages do not receive daily maid service but clean towels can be requested at any time.
- ✓ Snacks.
- ✓ Fire starters, kindling wood, if you plan to use the fireplace.
- ✓ Your own adult beverages and wine glass, if applicable.
- ✓ There is no wifi in the cottages. Wifi is available at the lodge. Cottages have good cell service.

Laundry Facilities

The park campground has a coin operated laundry. Bring quarters, laundry soap and dryer sheets.

Grocery Stores

You are encouraged to bring any groceries with you. Olive Hill, the nearest town, has two small grocery stores, Superior Foods and Save-A-Lot. They carry all of the basic items but you may find their selection limited compared to a larger city grocery store. The grocery stores are about a 15-20 minute drive one-way.

Adult Beverages

Adult beverages are fine. You are on vacation! The park is located in a dry area meaning alcohol sales are not permitted. Consumption is legal. The near beverage stores are in Olive Hill where beer and wine carry out sales are available. You may find their selection limited. The town of Grayson has a larger selection of beer and wine and is slightly farther away.